

BIG TALK

BIG TALK works well with anybody, from strangers to people you are acquainted with on a surface level, to loved ones. You can ask different types of questions based on the person. You may want to ask coworkers questions related to their dreams, passions, and goals for personal growth. You may want to ask family members questions that have to do with love. Make sure the person does not look preoccupied or busy at the moment. Feel free to start with some small talk. So if you're looking for a way to start a conversation with a neighbor, someone at the gym, or an event like today, try this approach using the sample questions. over ->

What makes a question "BIG TALK?"

- ❖ They are universal - Any human being could answer it. It doesn't matter what external factors define them.
- ❖ The questions are open ended. There is the opportunity to hear a story.
- ❖ Big Talk questions are meaningful – they skip the usual talk about weather, the small talk. Through asking the question, you might be able to delve beneath the surface.

With Strangers:

- ❖ When approaching strangers, always approach them from the front where they can see you first - never behind, as that can often feel too unwarranted or surprising.
- ❖ Making BIG TALK with strangers usually works best at parties/pre-organized social events. When asking an initial BIG TALK style question, take time to really listen to the other person's answer. Then feel free to ask follow up questions that deepen your understanding of their distinct and personal experience.
- ❖ Say hello and introduce yourself first (name, company, school, etc. or find a "small talk" point of entry into the conversation based on the nature of your surroundings). You could say that you're trying out an experiment/participating in a project about skipping the small talk with new people to ask deeper questions instead...Would they mind trying it out with you for a few moments?

Examples of BIG TALK Questions:

1. What do you spend too much time doing? What don't you spend enough time doing?
2. Who do you need to get in touch with because it's been too long?
3. What is something new you recently tried and enjoyed?
4. What makes you feel most alive?
5. What advice would you offer to yourself five years ago? One year ago? Today?
6. What holds you back from doing the things you really want to do?
7. What do you fear?
8. What are you proud of?
9. What is something you know you do differently than most people?
10. What is your next great adventure?

11. What's one thing that could happen today that would make it great?
12. What does home mean to you?
13. What do you want to do before you die?
14. How do you show your love?

For more information go to <http://www.makebigtalk.com/about/> or watch the video <https://www.youtube.com/watch?v=deScHJGoVc8>